

COVID-19 – Resumption of track league racing

We are pleased to be able to resume racing for the second session of the 2020 track league season. Due to the ongoing Covid-19 situation it is necessary for us to make some changes to the way that our events are run in order to maximise the safety of all concerned. The information below has been compiled following consultation with British Cycling and The National Cycling Centre and will be subject to regular review and amendment as required.

Please take the time to read and understand the following information. Acceptance of your entry/participation is conditional upon you agreeing to and upholding these requirements.

Venue facilities

The National Cycling Centre have worked hard to make the venue Covid-19 compliant. You will see yellow signage throughout the building which you must observe.

A one-way system is in operation from the reception area to the track centre. You must follow the YELLOW floor arrows and social distancing markers at all times (there is also signage of a different colour that is specific to the Great Britain Cycling Team's use of the building, please disregard these).

Hand sanitisation points are situated at numerous locations throughout the public areas and track centre.

Changing rooms and toilets are available on the main corridor but occupancy numbers are limited as shown by the signage. Showers CANNOT be used.

Water fountains and vending facilities in the track centre CANNOT be used. Please ensure that you bring your own supplies.

Refreshments will NOT be available for purchase from MRTL.

Rider areas in the track centre have been set up to facilitate social distancing and you will be assigned a zone in which you must remain when not on the track. You must not enter a rider zone other than your own at any time. You will occupy a single chair within your designated zone and this MUST NOT be moved. The layout of the zone cannot be changed. There is space adjacent to your chair to set up rollers and to place your bike & equipment. It is your responsibility to clean your assigned chair before and after use with the cleaning products supplied.

Pre event procedure

Pre entry using the British Cycling online system is mandatory for First Division (Friday) competitors and is strongly preferable for Premier Division (Tuesday) competitors. There is a limit of 24 riders per racing group.

There will be a registration table located on the track centre ramp where you will collect your number. You will not be required to sign on in the usual way but you will be asked to show your racing licence – this will not be retained. We will also use the British Cycling membership system to ensure that your license and membership are valid. By entering the event you are deemed to have accepted the conditions normally shown on a signing on sheet.

We have specified registration times for each group and would ask that you keep to them in order to limit the number of people in the registration area and to maintain social distancing. Following registration you will be directed to your designated zone in the rider area.

Registration Times & Designated Zones

<i>League</i>	<i>Group</i>	<i>Designated Zone</i>	<i>Registration Time</i>	<i>Warm Up Time</i>
Premier Division (Tuesday)	1	A	19.00 – 19.45	N/A
	2	B		
First Division (Friday)	1	D	18:30 – 18:40	19:15 – 19:20
	2	B	18:40 – 18.50	19:20 – 19:25
	3	C	18:50 – 19:00	After Event 1
	4	A	19:00 – 19:10	After Event 2

Only registered competitors and track league officials who are officiating at the event will be permitted in the track centre and rider areas. Helpers and parents/guardians accompanying youth competitors MUST leave any rider equipment at the bottom of the ramp and proceed directly to the signed areas in the home straight seating area which have social distancing markers. It is NCC policy that a face covering must be worn at all times in this area. A charge of £1 per person will be collected to cover administration costs. Spectators are not permitted.

Race procedure

There will be a maximum of 24 riders per race and a maximum race duration of 15 minutes.

You must remain in your designated zone in the track centre until called to the track by an official. Maintaining social distancing and following the one-way system, proceed directly from your zone to the staging area on the left of the ramp. You will then be directed to line up around the track fence between corners 3 & 4 in preparation for the start of your race.

If you retire before completion of the race, or if the race is stopped for any reason, you must return directly to your designated zone.

At the end of your race and following ONE warm-down lap, you must line up on the back straight track fence before the ramp at corner 3 and await instruction from an official. When instructed you must return directly to your designated zone, again maintaining social distancing and following the one-way system.

The handrails on the track fence will be cleaned by an official prior to each race.

Please see the plan at the end of this document for details of the designated zones.

Post event procedure

At the conclusion of the event you must follow the one-way system and maintain social distancing when leaving the venue.

Your race numbers should be deposited in the collection box adjacent to the registration desk. We reserve the right to charge the cost of replacement for numbers that are not returned.

The organisers of the Manchester Regional Track League appreciate your co-operation with these procedures in order to maintain everyone's safety whilst allowing you the opportunity to race. We look forward to the time when we can return to the normal running of our events!

Plan of rider area and designated zones

